

Worried your child may be smoking or vaping?

Your role in preventing the negative effects of vaping in children is crucial, here are some tips to help encourage a discussion with your child:



- **Be a healthy role model to your child, for example don't vape in the car or home**
- Share why you don't want them to vape, ask them questions, answer any questions they may have and listen to their reasons as to why they may choose to vape
- To encourage a more natural discussion, choose the best time and place to approach the conversation, e.g. if you see someone else using a vape
- **Be a healthy role model to your child, for example don't vape in the car or home**